



The Adventures of Jessica Jones & Sox

Activity Sheet

Activity - Memory Game

A fun, old fashioned game that has been played by families to help develop ones' memory, concentration, attention span and persistence.



How many can play

Can be played by two or more people

What you need

You can play this game with things you already have at home. You need:

- a tray, like a baking tray or serving tray
- a collection of small objects that will fit on the tray
- a cloth to cover the tray, like a small towel
- something to time with, like a watch or your phone.

It's better if you choose plenty of different things for the tray – for example, a teaspoon, a small toy, a leaf, a packet of tissues, a ring, a coin, a plastic animal, a pair of glasses, and so on.

(turn over...)



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How to Play

1. Spread the objects out on the tray and cover them with the cloth.
2. Set the timer for one minute. You can adjust the time to be longer or shorter – just do what works best for you and your child.
3. When your child is ready, remove the cloth and give your child one minute to look at the tray and memorise the items.
4. When the time is up, cover the items with a cloth.
5. Ask your child to name the items or write them down if they can.
6. Uncover the items again and let your child see which ones they remembered and which ones they forgot.
7. Count how many items your child remembered.
8. Repeat the game. This time your child can time you, and see how many items you can remember.

You can play as many times as you like. You could use the same items, or replace them with new items. You and your child can also take turns to be the 'rememberer'.

Playing the game as a competition is optional. Simply keep score of the number of items each player remembers for each round over an agreed number of rounds (eg. 5 rounds). The highest score wins at the end of the game.

Adapting for different ages

Adjust the number of objects on the tray for older and younger children.

Your young child will cope better with fewer objects, because this gives your child a better chance of success.

You could try showing your older child the items for a minute. Then remove one or two items and ask your child to pick which ones are missing.

Other fun games

Visit Raising Children website for other free, fun activities <https://raisingchildren.net.au/guides/activity-guides>